



Office Hours are by Appointment.

We are often here, so please give us a call and stop by: 203 304 1805

## DEMONSTRATING APPRECIATION

### **Surprise Coffee Breaks** | Mondays

A Place for Hope and Healing will be showing up to Compassionate Responder locations with a surprise "Thank you break".

## TEACHING HOPE

### ① **Kick Off 2017 Lunchtime Session**

*Tuesdays: January 3, 10, 17 | 12:30 - 1:30 pm*

Setting Life Goals and How to make them happen. In a few hours, we will unpack why having Life Goals are so important and individuals will set their own goals.

Instructor: Mary Perry, B.S., CMCLC | Cost: \$60  
Bring a friend and save 25%. Class size limited.

### ② **Kick Off 2017 Evening Session**

*Tuesdays: January 17, 24, 31 | 7:00 - 8:00 pm*

Intentional Living in 2017! Exploring how to live with purpose and intentionality. Insightful tools included!

Instructor: Mary Perry, B.S., CMCLC | Cost: \$60  
Bring a friend and save 25%. Class size limited.

To Register, Email:  
[mary@aplaceforhopeandhealing.org](mailto:mary@aplaceforhopeandhealing.org)

## CONTACT US

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